

**SPORTS  
WITH  
PRO'S**

FEEL THE VIBE  
**KEEP THE  
ENERGY  
UP!**



**02 OCTOBER**  
**MELISA SYCHENKO**  
FLY YOGA



**09 OCTOBER**  
**KAAN KOCA**  
AERO FUNCTIONAL



**14 OCTOBER**  
**SINAN KANGOTAN**  
STEEL MACE WORKOUT



**20 OCTOBER**  
**ADEL MAALI**  
SOUND HEALING



**25 OCTOBER**  
**JAKUB MARIK**  
JUMPING FITNESS

